

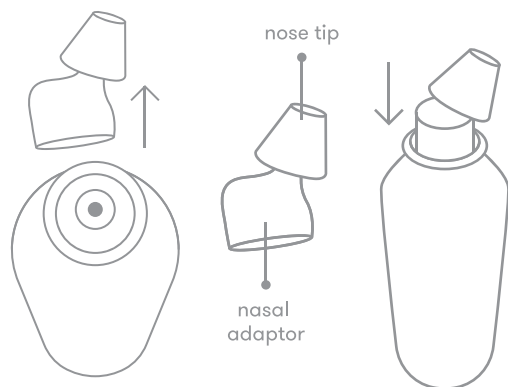
Nasal Rinse Instructions for Use

1. Lean your child's head over sink (use a stepstool if needed to reach the sink). Tilt the child's head down.
2. Gently insert soft nose tip into your child's nostril to make a seal around the nose. Do not over-insert.
3. Ask them to keep their mouth slightly open and breath through their mouth.
4. Press to begin the rinse. Continue pressing to rinse for 8-9 seconds or as soon as fluid drains from the opposite nostril.
5. Allow the fluid to continue to flow for another 8-9 seconds.
6. Ask your child to avoid swallowing the solution and to spit out any fluid in that might reach their throat or mouth.
7. Repeat on the opposite nostril.

Tips & Tricks:

- Tilt your child's head slightly sideways toward the opposite nostril for a faster rinse.
- Ask them to make a "Ka" sound over and over while rinsing to prevent the sensation the fluid is going in the ears.
- Clean the tip and reassemble to prep for the next use.

Care + Cleaning



1. Remove the tip.
2. Wash with warm soapy water.
3. Place the tip on a clean surface to air-dry.
4. Place the tip with the nasal adaptor on the can by gently pressing down.

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NoseFrida® Saline Rinse

USER MANUAL



Indications for Use:

To be used by a caregiver to treat symptoms of congestion in children ages 2-12 by delivering saline solution rinse to moisturize, loosen, and remove mucus in the nasal passages.

Specifications

For ages 2-12 years.

Recommended storage conditions:

Store between 59°F and 86°F (15°C to 30°C).

Store out of sunlight, away from heat sources and avoid freezing.

Ingredients: Water, Sodium Chloride



WARNINGS

System designed for a single user to reduce the risk of contamination. Do not share with others.

If symptoms persist, contact your healthcare professional.

If the child has a pre-existing condition or is post-surgery, consult with your healthcare provider before use.

If your child experiences pain or irritation, discontinue use and consult with your healthcare provider.

If a small amount of blood is present in mucus or a nosebleed occurs, discontinue use and contact your healthcare provider.

Keep out of reach of children.

Warning - Contents Under Pressure

Do not puncture or incinerate container.

Do not expose to heat or store at temperatures above 120°F.

Before First use:

1. Remove the tip with the nasal adaptor.
2. Wash with warm soapy water.
3. Place the tip with the nasal adaptor on the can by gently pressing down.

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Since we offer a lifetime warranty and will exchange a faulty unit on our dime, always consider dropping us a line before making a return.

Manufactured for Fridababy LLC.
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