

frida baby[®]

Gas + Colic Heating Pad

USER MANUAL



HEATERS GONNA HEAT

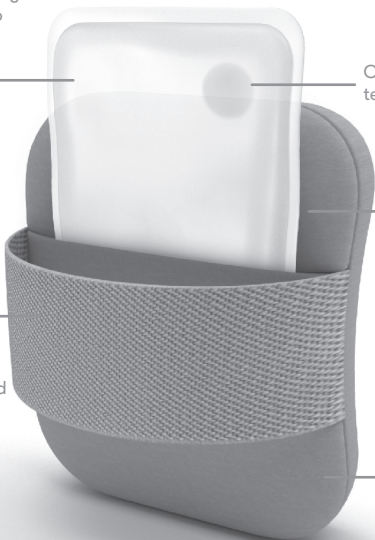
Warm baby
safe temp

Click-to-heat
technology

No microwave
needed

Easy-hold
hand band

Super soft
heat holder



Indications for Use: For use in providing heat therapy to the abdomen of infants to help relieve minor pain associated with colic and gas.

First use:

- 1 Lay heat pack on flat surface + click the disc
- 2 Spread liquid around
- 3 Let heat pack fully crystallize
- 4 Tuck heat pack inside heat holder
- 5 Place hand face down into heat band
- 6 Gently press to baby's tummy

To reuse heat pack:

- 1 Boil water in a large pot
- 2 Place warmer(s) inside mesh bag then drop into boiling water
- 3 Boil for 10-15 min until crystals melt back to a fully liquid state
- 4 Remove from water and let cool
- 5 Keep warmers in mesh bag for next use

Ingredients: Warmers – Water + Sodium Acetate

CARE AND SAFETY

To ensure proper use:

Do not apply heat therapy to baby for more than 15 minutes at a time. For external use only. If heat pack is punctured or leaking, discard immediately. Wash fabric pouch before first use. Do not re-use heat pack immediately after boiling as it may burn the skin. Heat pack is always intended to be used with fabric pouch. Test the pack on your wrist before applying to baby's belly. Warmers are not intended to be used with food.

WARNING:

- DO NOT apply pack to injured skin.
- DO NOT puncture pack. If heat pack is punctured or leaking, discard immediately.
- DO NOT allow exposure of pack contents to skin. If exposure occurs, rinse off. If irritation occurs, contact a medical professional. In case of eye contact, wash eyes immediately with water. If swallowed, contact poison control.
- DO NOT allow unattended use by children, elderly or incapacitated persons.
- DO NOT use device in conjunction with other heat sources including chemicals (ie. menthol, etc.).
- ENSURE proper storage of pack - Keep away from open flame, avoid extreme temperature conditions, protect from freezing).
- This pack has an expected life of 3 years. Discontinue use of the pack and discard after this time frame.
- DO NOT continue use of the pack if pain or discomfort is experienced. If symptoms do not improve or in the case of an allergic reaction, contact a physician.
- DO NOT put the heat pack in microwave.
- This is not a toy, keep out of reach of children.

What's inside?

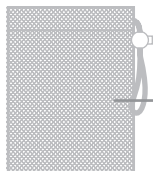
Reusable tummy warmer
relieves belly discomfort.



2 Heat Packs



1 Hand Band



1 Mesh Bag

