## **fridab**Vapor Dr

for bath or diffuser



lavender 9.5 ml (.32 fl oz)

## HIT THE SNOOZE BUTTON

Add SleepFrida Vapor Drops to bath water or a diffuser for a soothing bed time chill sesh. Calming lavender oil means a more restful night for both of you. Anyone else already feeling sleepy?



Calming vapors for sleepy time



Organic lavender



For use in bath or diffuser

## Simple Steps:

Bath: Add 5-7 drops to regular sized tub filled with warm water + gently swirl to activate vapors.

Diffuser: Add drops to our 3-in-1 Humidifier (or any diffuser).

Organic formulation contains: helianthus annuus\* (sunflower seed oil), lavandula angustifolia\* (lavender) oil, vetiveria zizanoides (vetiver) root oil, pelargonium graveolens\* (geranium) oil \*organic ingredient

## Care + Safety:

For external use only. Always dilute in water. Keep out of reach of children. Store at room temp.