

# frida mom

Not all pillows are created equal.

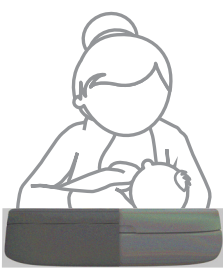
Just a mom stuck under a sleeping baby with a full bladder and a dying phone. Better make sure you're comfortable - you're gonna be here a while! Enter the Adjustable Nursing Pillow with 3 interchangeable layers - it helps you find the breast lap-to-latch position in just one pillow. Stack, adjust, latch + relax.



## Layer up (or down) to find your nursing sweet spot.



Use all 3 layers to provide height + extra stability to get the perfect latch with your newborn.



Combine 2 layers for the right height + firmness level you + baby need.



Go solo with the soft base layer to stay comfy as baby grows.

0 months

6+ months

## Now let's get into (pillow) formation.

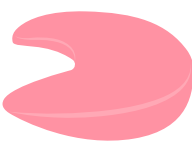
We're here to help you have the breast time with your new pillow. Every mom's needs are different, so add, remove + rearrange layers to get that perfect lap-to-latch position.



**Nursing Newbie**  
Use all 3 layers for the height + stability you + your newborn need while learning to latch. No hunching over required.



**Growing Baby**  
Use layers 2 + 3 for semi-firm support with a growing little one to give more room between boob + baby.



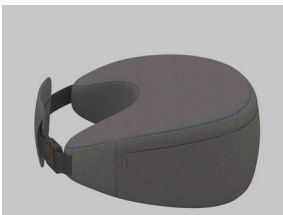
**Latch Pro**  
Use layer 3 by itself when baby needs less support, but you both want super-soft comfort.



**Smaller Moms, New Baby**  
Use layers 1 + 3 for the firmness a newborn needs, but when you need less height for baby to latch.



**Taller Moms, Older Baby**  
Use all 3 layers with the soft side up for when baby is 6+ months, but you still need the height boost.



**Your Pillow, Your Life**  
Stack + adjust for whatever is comfiest for you. This pillow will have your back no matter what.

## Pillow Plus-Ups by Frida Mom

(sold separately)



**Instant Heat Warmers**  
Your postpartum uterine contractions, cramps, C-section incision + back will thank you.



**Replacement Pillow Cover**  
To keep you going while your main one's in the wash from blow-outs + leaky boobs.

## Care + Safety

**Removable Cover:** Machine wash cold with like colors on Gentle or Delicate cycle. Do not use bleach or harsh detergents. Tumble dry low. Allow cover to dry completely before use. Do not iron. Do not dry clean. Made of 90% Polyester + 10% Spandex.

**Pillow Layers:** Wipe with damp cloth to clean. Firm + Semi-Firm layers made of Polyurethane foam. Soft bottom layer made of 100% Polyester Fiber Fill.

**WARNING: SUFFOCATION HAZARD**  
Improper use of this product could result in serious injury or death. Do not leave with baby unattended. Use under adult supervision only. Do not use in crib, cradle, bassinet, playpen or play yard. Not for use on a bed, either with the baby alone or with a caregiver who may fall asleep while feeding the baby. Keep baby's airway open at all times.

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